

PERSONAL EQUIPMENT LIST 2 – ATLANTIC DELIVERY TRIPS, FALKLAND ISLANDS AND TIERRA DEL FUEGO IN HIGH SUMMER

Pelagic Expeditions supplies heavy duty **Musto HPX foul weather gear** for all guests on board Vinson of Antarctica and Amundsen. We also provide sheets, pillow cases and towels for all guests.

- Sea boots/shore boots – Can be the same and no need for hiking boots if long treks are not planned. However in The Beagle Channel and The Falklands hiking is an important feature of these cruises. Good quality sailing sea boots are fine, i.e. Musto, Gill, Duberry.

- Thermal underwear, 3 to 4 pairs

- Fiber pile jacket – middle layer

- Fiber pile pants - middle layer

- Windproof pants and jacket. Ship supplied foul weather gear not allowed on shore

- 2 Balaclavas/wool hats

- Several pairs fiber pile/wool gloves/mittens

- 4 pairs heavy fiber pile or wool socks

- Boat shoes, with soft rubber soles for below decks - recommend Crocs

- Hiking boots (Vibram sole) and gaiters - only if ambitious, long treks are planned

- Medium weight sleeping bag with full length zip – sleeping cabin temperature is roughly 12 to 15 degrees C. Rectangular shape, to be used as a duvet

- Soft travel bags (no hard suitcases allowed on board)

- Glacier glasses with side flaps and one spare pair dark sun glasses

- Sun block-out and after sun cream

- Shorts and swim shorts

- Wide brimmed hat with lanyard and 1 spare

- 2 white, cotton, long sleeved, oversized button down shirts (anti-sun – for Transatlantic passages only)

- Seasick pills (we recommend Stugeron)

- Personal photographic equipment: We charge on 220v AC, but you should bring your own chargers). We have all European two pin socket with UK adapters.

Therefore, male UK or European plug ends are suitable.

- Film and /or memory – if you plan on downloading and editing on board, bring your own laptop and hard drives

- Collapsible ski poles for hiking ashore

- Personal medical kit to include personal medication and for example band aids, throat lozenges, lip salves and one course of antibiotics for chest and throat infections
- Small rucksack about 30 litres.
- 1 liter water bottle and one pee bottle if necessary.
- Our sound system on board is I-Pod/I-Phone friendly.

Also remember to submit the following documents to the Pelagic Office upon signing of the charter agreement:

- Waiver of Liability signed
- Medical Form with Doctors Section signed
- Personal Information Form
- Communication Agreement noted
- Proof of medical evacuation insurance
- Bio security statement
- Passport Scan

We have storage facilities ashore in Puerto Williams and Port Stanley for hard suitcases, shore clothes and extra unneeded gear.